

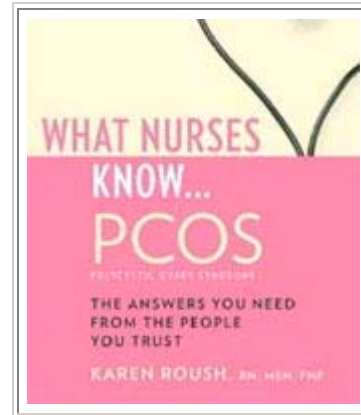
# Menopause and PCOS: Talking about Women's Health

## Powerful Patient, 2010 Week 40

Host: Joyce Graff, <http://powerfulpatient.org>, [editor@vhl.org](mailto:editor@vhl.org) 800-767-4845

Do you have issues that you are just too embarrassed to discuss with your doctor? Do you think you are the only one with this problem, so you keep it to yourself? Whether it's a lump or a bump, a rash or a pain, you are likely not alone, and you can finally get the answers you deserve without feeling uncomfortable.

Karen Roush, RN, MSN, FNP, BC, has been a nurse specializing in women's issues for over 25 years. Karen joins Joyce for a discussion of women's health issues that women often find too embarrassing to raise with their doctors and to talk about her two books on polycystic ovary syndrome and on menopause.



Karen can be contacted at Thomas Hastings, (Demos Medical), (212) 683-0072, x-238, and at [roushism@gmail.com](mailto:roushism@gmail.com). She is available in NY and nationwide by arrangement and via telephone. Her two books are titled:

[What Nurses Know ... PCOS: Polycystic Ovary Syndrome](#)

and

[What Nurses Know ... Menopause](#)